# Safety shoes don't necessarily save your feet.



We're all about keeping your feet on your legs.



# Do you wear workboots or gumboots all day?

You could be killing your feet.



## Does your footwear fit properly?

Measure for length, width, and toe space.

### Do they rub and cause abrasions?

Are there any bumps, bruises, or blisters?



#### Do your feet feel tired?

Are the soles flat, with little flexibility?

#### Look for changes.

Nails with sharp edges or infection can lead to serious issues.





### Can your feet breathe?

Or are they sweaty and smelly at the end of the day?

# Prevention is a positive cure.

**G3** orthotics

#### Contact us to learn more.

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