# l can't see my feet.



I'll check yours, if you check mine.

We're all about keeping your feet on your legs.



# Big, small, short, or tall, one measurement doesn't fit them all.

Help your loved ones inspect their feet.



#### Are they cleaned regularly?

Can they wash, dry, and moisturise their feet themselves?

#### Can you see any changes?

Nails with sharp edges or infection can lead to serious issues.



## Are there any bumps, bruises or blisters?

Are their shoes the wrong size, or poorly made?

### Do their shoes fit properly?

Check for length, width, and toe space.





# Can they tie their shoes themselves?

Fitted slip ons or velcro laces can make great alternatives.

# Prevention is a positive cure.

**G2** orthotics

#### Contact us to learn more.

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